

Test yourself for Growth hormone Deficiency (Both Men & Women)

My hairs are thinning	
My cheeks sag	
My gums are receding	
My abdomen is flabby, I've got a "spare tire"	
My muscles are slack	
My skin is thin and/or dry	
It's hard to recover after physical activity	
I feel exhausted	
I don't like the world. I tend to isolate myself.	
I feel continuously anxious and worried	

Your Score :

If you score ≥ 5 ; the its time for you to consult your doctor